



NHBF

Supporting the hair, beauty
and barbering industries

**Qualification
requirements and
age restrictions for hair,
beauty and aesthetic
services and treatments**



Qualification requirements and age restrictions guidance for hair, beauty and aesthetics

The following tables show the qualifications required for anyone providing the hairdressing, barbering, beauty therapy, nail services, beauty therapy advanced practices and aesthetic services and treatments listed below.

The information below is a guide.

The NHBF would always endorse completing a nationally recognised qualification from a centre approved by an awarding organisation accredited by a UK regulatory organisation.

The recommended route has been detailed in **WHITE** text. However, nationally recognised qualifications are not available in some aesthetics modalities/ treatments due to their rapid popularity/growth. Alternative training/ qualifications are grouped and listed as 'manufacturer's training' and is detailed in the same **COLOUR** as the text.

Employers must ensure that the hair and beauty practitioners employed within their salon hold the right qualifications for the treatment they will be providing for clients. The salon owner also has a duty of care as the business owner to ensure all chair/space/ room renters meet the requirements. However, it is ultimately the chair/space/room renter's responsibility as an independent business to ensure they hold the right qualifications, otherwise their insurance will not cover them.

If hair and beauty practitioners are studying more advanced treatments, the right-hand column of the table shows which qualifications they must already hold while they are working under supervision towards qualifications for advanced treatments.






















You will not be covered by your insurance for anyone who performs hair, beauty, aesthetic services and treatments if they are not properly qualified, if they are underage or if they provide a service and treatment to a client who is underage.

Check that your public liability insurance covers your salon for all the treatments you offer.





Table of contents

	<u>Botulinum toxins</u>	4
	<u>Dermal fillers</u>	5
	<u>Other orphan modality/treatments</u>	6
	<u>LIPLLED (laser, intense pulsed light and lighter emitting diode) - Lasers and IPL</u>	7
	<u>Skin rejuvenation - chemical peels</u>	9
	<u>Skin rejuvenation - microneedling/dermarolling/skin needling</u>	11
	<u>Micro-pigmentation (semi-permanent make-up)</u>	13
	<u>Microblading</u>	14
	<u>Electrocautery</u>	15
	<u>Electrolysis</u>	16
	<u>Massage</u>	17
	<u>Beauty therapy treatments</u>	18
	<u>Spas and saunas</u>	19
	<u>Piercing</u>	20
	<u>Barbering services</u>	21
	<u>Hairdressing services</u>	22
	<u>Qualifications</u>	23
	<u>Medical oversight</u>	23
	<u>Level 3 bridging qualification</u>	24
	<u>Age requirements</u>	25
	<u>Pre 16 restrictions</u>	26



LEVEL 7

YOU MUST HAVE A NATIONALLY RECOGNISED QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 7 qualification* in botulinum toxins or equivalent aesthetic practitioner qualification

OR

Manufacturer's training at the equivalent level in botulinum toxins

Suggested CPD

A minimum of 12 months' experience delivering a minimum of 40 per modality/treatments
Updated every 12 months

- First Aid at Work qualification or equivalent
- Anaphylaxis management
- Complications and medical emergencies training

MODALITY/TREATMENTS

- **Injectables:** botulinum toxins to the face and neck or similar anti-wrinkle injectables

REQUIREMENTS AND ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

Oversight from a PSRB*** registered prescriber is required for prescription medicines.

Level 5 or above qualification* in aesthetics or equivalent qualification

OR

Manufacturer's training at the equivalent level in botulinum toxins

NB you must have completed a level 3 and 4 equivalent qualification and hold the relevant prerequisites before training at level 5/6 and then progressing to level 7



LEVEL 7

YOU MUST HAVE A NATIONALLY RECOGNISED QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 7 qualification* in temporary dermal fillers or equivalent aesthetic practitioner qualification

OR

Manufacturer's training at the equivalent level in dermal fillers

Suggested CPD

A minimum of 12 months' experience delivering a minimum of 40 per modality/treatments
Updated every 12 months

- First Aid at Work qualification or equivalent
- Anaphylaxis management
- Complications and medical emergencies training

MODALITY/TREATMENTS

- Dermal fillers (cannula technique for the jaw, cheeks, lips, tear trough, temple, needle technique for the lower areas of the face and neck)
- Dermal fillers (temporary fillers for treatment of the lower facial areas nose to mouth, marionettes, lips, smokers, fine lines)
- Temporary fillers only

REQUIREMENTS AND ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

The NHBF does not support the use of non-autologous permanent fillers

Level 5 or above qualification* in aesthetics or equivalent qualification

OR

Manufacturer's training at the equivalent level in dermal fillers (temporary fillers only)

NB you must have completed a level 3 and 4 equivalent qualification and hold the relevant prerequisites before training at level 5/6 and then progressing to level 7



MODALITY/TREATMENTS

There are several orphan/modality treatments which have yet to be allocated an agreed level including:

- PRP (platelet rich plasma) for face/neck rejuvenation
- Micro sclerotherapy
- PDO threads
- PDO cogs
- Intravenous (IV) infusion therapy
- Cryolipolysis (fat freezing)
- Mesotherapy
- Dermaplaning

You must have completed a level 3 and 4 equivalent qualification and hold the relevant prerequisites before training in an orphan/modality treatment at level 5 or 6 or 7

Suggested CPD

A minimum of 12 months' experience delivering a minimum of 40 per modality/treatments

- Updated every 12 months
- First Aid at Work qualification or equivalent
- Anaphylaxis management
- Complications and medical emergencies training





LEVEL 4

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 4 laser and IPL treatments/LIPLD qualification

OR

NVQ Level 3 beauty therapy*/L3 beauty bridging qualification** from a recognised awarding organisation **and** core of knowledge (one-day laser safety course) and manufacturer's training equivalent to treatments at Level 4 in LIPLD

MODALITY/TREATMENTS

- Lasers and IPL for hair removal/reduction
- Non-ablative lasers, IPL and LED for photo rejuvenation including sun induced benign dyschromia
- LED for clinically diagnosed acne vulgaris

Excludes treatments within periorbital rim

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ level 3 beauty therapy*

OR

Level 3 beauty bridging qualification** from a recognised awarding organisation **and** core of knowledge (one-day laser safety course)

LEVEL 5

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 5 laser and IPL treatments/LIPLD qualification

OR

NVQ Level 3 beauty therapy*/L3 beauty bridging qualification** from a recognised awarding organisation **and** core of knowledge (one-day laser safety course) and manufacturer's training equivalent to treatments at level 5 in LIPLD

MODALITY/TREATMENTS

- Laser treatments for tattoo removal
- Laser and IPL treatments for benign vascular lesions

Excludes treatments within periorbital rim

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

Level 4 laser and IPL treatments/ LIPLD or equivalent qualification* (a level 4 qualification in hair removal* and/ or skin rejuvenation qualification* is recommended)

OR

Manufacturer's training equivalent to treatments at level 4 in LIPLD

NB you must have completed a level 3 and 4 equivalent qualification/manufacturer's training and hold the relevant prerequisites before progressing to training at level 5



LEVEL 6

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 6 laser and IPL treatments/LIPLD qualification*

OR

NVQ level 3 beauty therapy*/L3 beauty bridging qualification** from a recognised awarding organisation **and** core of knowledge (one-day laser safety course) and manufacturer's training equivalent to treatments at level 6 in LIPLD

MODALITY/TREATMENTS

- Laser and IPL treatments for generalised and discrete pigmented lesions
 - Ablative fractional laser treatments
- Excludes treatments within periorbital rim

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

Level 5 laser and IPL treatments for generalised and discrete pigmented lesions/LIPLD qualification* (level 5 tattoo removal is not mandatory)

OR

Manufacturer's training equivalent to treatments at level 5 in LIPLD

NB you must have completed level 4 and 5 equivalent qualification/manufacturer's training and hold the relevant prerequisites before progressing to training at level 6

The NHBF does not support the use of laser treatments of any sort within the periorbital rim





**SKIN
REJUVENATION
chemical
peels**



LEVEL 4

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 4 skin rejuvenation qualification (chemical peels)

OR

NVQ level 3 beauty therapy* and level 4 manufacturer's training in skin rejuvenation (chemical peels)

MODALITY/TREATMENTS

- Very superficial chemical peels to stratum corneum

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ level 3 beauty therapy*

OR

Level 3 beauty bridging qualification** from a recognised awarding organisation

LEVEL 5

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 5 skin rejuvenation qualification (chemical peels)

OR

NVQ level 3 beauty therapy* and level 5 manufacturer's training in skin rejuvenation (chemical peels)

MODALITY/TREATMENTS

- Superficial chemical peels to the mid-epidermis in skin types 1 and 2

REQUIREMENTS AND ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

Level 4 skin rejuvenation (chemical peels) * qualification or equivalent qualification

OR

NVQ level 3 beauty therapy* and level 4 manufacturer's training in skin rejuvenation(chemical peels)

**SKIN
REJUVENATION
chemical
peels**



LEVEL 6

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 6 skin rejuvenation qualification (chemical peels)

OR

NVQ level 3 beauty therapy* and level 6 manufacturer's training in skin rejuvenation (chemical peels)

MODALITY/TREATMENTS

- Superficial chemical peels to grenz zone in all skin types
- Mesotherapy with/without homeopathic topical treatment

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

Level 5 Skin rejuvenation (chemical peels) * or equivalent qualification


OR

NVQ level 3 beauty therapy* and level 5 manufacturer's training in skin rejuvenation (chemical peels)

NB you must have completed level 4 and 5 equivalent qualification/manufacturer's training and hold the relevant prerequisites before progressing to training at level 6

The NHBF does not support the use of full face phenol peels





**SKIN
REJUVENATION**
Microneedling/
dermarolling/
skin needling



LEVEL 4

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 4 skin rejuvenation qualification* (microneedling)

OR

NVQ level 3 beauty therapy* and level 4 manufacturer's training in skin rejuvenation (microneedling)

MODALITY/TREATMENTS

- 0.5mm microneedling

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

Mesotherapy to only be delivered with agents licensed as suitable for intravenous use in the British National Formulary (BNF) guidance

NVQ level 3 beauty therapy* or equivalent qualification

OR

- Level 3 beauty bridging qualification** from a recognised awarding organisation

LEVEL 5

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 5 skin rejuvenation qualification* (microneedling)

OR

NVQ level 3 beauty therapy* and level 5 manufacturer's training in skin rejuvenation (microneedling)

MODALITY/TREATMENTS

- 0.5-1.0mm microneedling

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

Mesotherapy to only be delivered with agents licensed as suitable for intravenous use in the British National Formulary (BNF) guidance
Level 4 skin rejuvenation (microneedling)* or equivalent qualification

OR

NVQ level 3 beauty therapy* and level 4 manufacturer's training in skin rejuvenation (microneedling)

NB you must have completed level 4 equivalent qualification/manufacturer's training and hold the relevant prerequisites before progressing to training at level 5



**SKIN
REJUVENATION**
Microneedling/
dermarolling/
skin needling



LEVEL 6

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 6 skin rejuvenation qualification* (microneedling)

OR

NVQ level 3 beauty therapy* and level 6 manufacturer's training in skin rejuvenation (Microneedling)

MODALITY/TREATMENTS

- Up to 1.5mm microneedling to the face
- Up to 2mm microneedling for non-facial areas

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

Mesotherapy to only be delivered with agents licensed as suitable for intravenous use in the British National Formulary (BNF) guidance

Level 5 skin rejuvenation (microneedling)* or equivalent qualification

OR

NVQ level 3 beauty therapy* and level 5 manufacturer's training in skin rejuvenation (microneedling)

NB you must have completed a level 4 and 5 equivalent qualification/manufacturer's training and hold the relevant prerequisites before progressing to training at level 6





MICRO-PIGMENTATION
(semi-permanent make-up)



LEVEL 4

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 4 micro-pigmentation* qualification or equivalent

OR

NVQ level 3 beauty therapy* and level 4 manufacturer's training in skin micro-pigmentation

MODALITY/TREATMENTS

- Micro-pigmentation

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ level 3 beauty therapy* or equivalent qualification

LEVEL 5

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 5 micro-pigmentation* qualification or equivalent

OR

NVQ level 3 beauty therapy* and level 5 manufacturer's training in skin micro-pigmentation

MODALITY/TREATMENTS

- Advanced micro-pigmentation and skin rejuvenation techniques

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

Level 4 micro-pigmentation qualification* or equivalent qualification

OR

NVQ level 3 beauty therapy* and level 4 manufacturer's training in skin micro-pigmentation



A close-up photograph showing a person's forehead and eyes as a practitioner uses a microblading tool to create hair-like strokes in the eyebrows. The practitioner's hands are wearing white gloves.

Microblading



LEVEL 4

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 4 microblading qualification*

OR

NVQ level 3 beauty therapy* and level 4 manufacturer's training in microblading

MODALITY/TREATMENTS

- Microblading

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ level 3 beauty therapy* or equivalent qualification





Electrocautery /blemish removal



LEVEL 4

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 4 skin blemish removal or equivalent qualification

OR

NVQ level 3 beauty therapy* including electrical epilation **and** level 4 manufacturer's training in skin blemish removal

MODALITY/TREATMENTS

- Skin blemish removal

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

Level 3 beauty therapy* including electrical epilation or equivalent qualification

LEVEL 5

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 5 advanced skin blemish removal or equivalent qualification

OR

NVQ level 3 beauty therapy* including electrical epilation **and** level 4 manufacturer's training in electrical epilation

MODALITY/TREATMENTS

- Advanced blemish removal

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

Level 4 electrical epilation or equivalent qualification

OR

NVQ level 3 beauty therapy* including electrical epilation **and** level 4 manufacturer's training in skin blemish removal





LEVEL 3

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 3 beauty therapy* including electrical epilation or equivalent qualification

MODALITY/TREATMENTS

- Electrolysis

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ level 2 beauty therapy or equivalent qualification

LEVEL 4

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 4 advanced electrical epilation or equivalent qualification

OR

NVQ level 3 beauty therapy* including electrical epilation **and** level 4 manufacturer's training in advanced electrical epilation

MODALITY/TREATMENTS

- Advanced electrolysis

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ level 3 beauty therapy* including electrical epilation or equivalent qualification





LEVEL 4

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 4 massage (sports, complementary, holistic, wellbeing) qualification including massage or equivalent

OR

NVQ level 3 beauty therapy* and level 4 manufacturer's training in massage

MODALITY/TREATMENTS

- Massage (sports, complementary, holistic, wellbeing)

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ level 3 in beauty therapy* including massage or equivalent qualification





LEVEL 2

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS AND SERVICES

Level 2 qualification in the specific treatment or equivalent

MODALITY/TREATMENTS

- Self-tanning
- Make-up
- Threading
- Eyebrow shaping
- Eyebrow or eyelash tinting
- Waxing (not intimate)
- Manicures
- Pedicures
- Basic massage

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ Level 2 in hairdressing, beauty therapy or nail services*
Eyebrow/eyelash tinting - an allergy alert test must be completed on the client at least 48 hours before application as detailed in the NHBf protocols and manufacturer's instructions

LEVEL 3

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS AND SERVICES

Level 3 qualification in the specific treatment or equivalent

MODALITY/TREATMENTS

- Faradic treatments
- Advanced make-up
- Micro current
- Ultrasound
- Vacuum suction
- Indian head massage
- Microdermabrasion
- Radio frequency
- Advanced manicure/pedicure treatments
- Eyelash perming
- Intimate waxing
- Semi-permanent/single lashes
- Airbrushing
- Camouflage make-up
- Thermal auricular

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ level 2 in beauty therapy* or equivalent qualification

Under 18s are not allowed within a UV tanning area



PLEASE REFER TO THE TREATMENT AND OR SERVICE FOR SPECIFIC GUIDANCE FOR WORKING IN A SPA ENVIRONMENT

MODALITY/TREATMENTS

- Spas and saunas

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

You can assist with spa operations with a qualification at level 2 under supervision by a therapist qualified to level 3 or a senior member of staff.





LEVEL 2

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 2 qualification in hair and/or beauty including ear piercing

OR

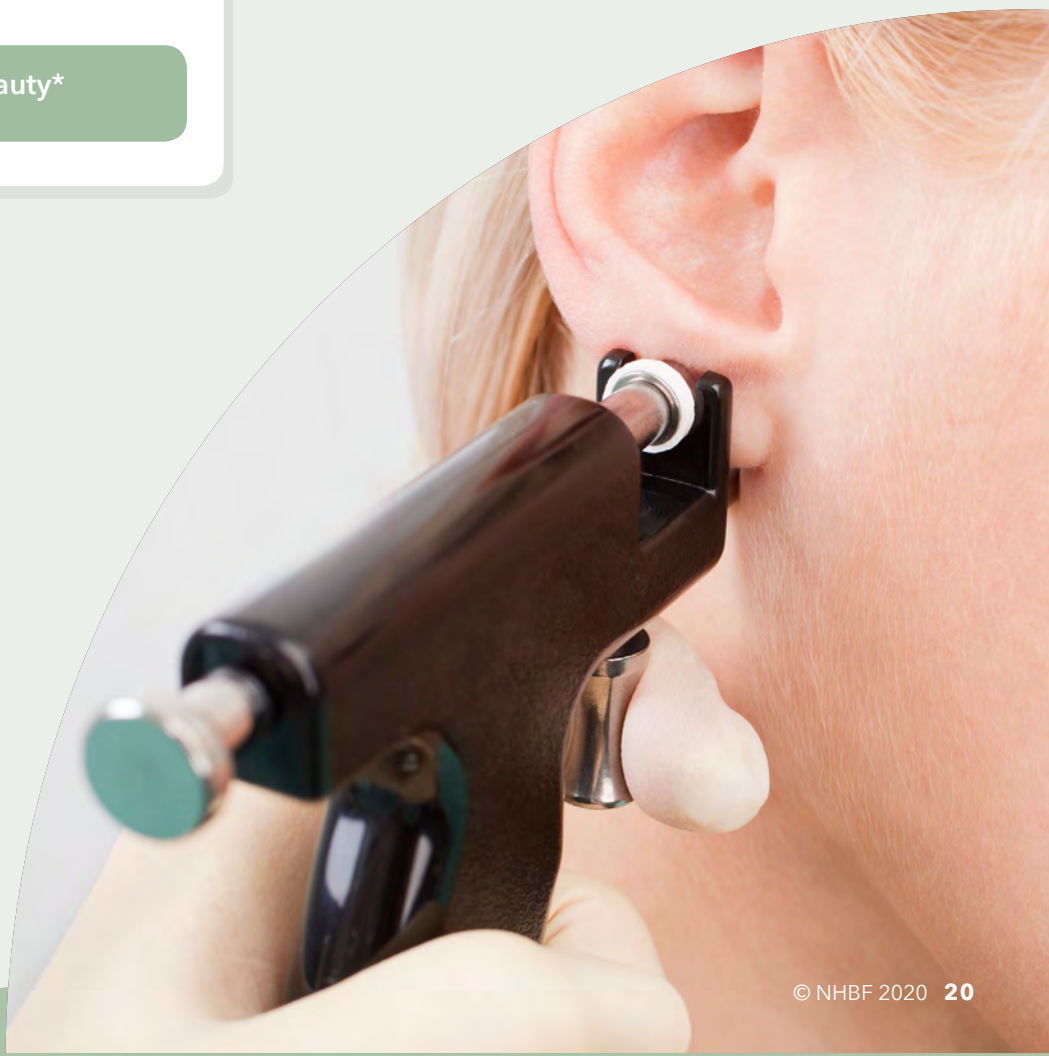
Level 2 manufacturer's training equivalent in ear piercing

MODALITY/TREATMENTS

- Earlobe piercing with stud and gun

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ level 2 in hair and/or beauty*





LEVEL 4

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE SERVICES

Level 4 qualification in barbering

SERVICES

- Advanced techniques and/or management practice in barbering

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ Level 3 qualification in barbering*

LEVEL 3

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE SERVICES

NVQ Level 3 qualification in barbering*
Additional services/skills may be included in the apprenticeship standard

SERVICES

- Provide client consultation services
- Provide shaving services
- Design and create a range of facial hair shapes
- Creatively cut hair using a combination of barbering techniques

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ Level 2 in barbering*

NB Hair colour - an allergy alert test must be completed on the client at least 48 hours before application as detailed in the NHBF protocols and manufacturer's instructions

LEVEL 2

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE SERVICES

NVQ Level 2 qualification in barbering*
Additional services/skills may be included in the apprenticeship standard

SERVICES

- Advise and consult with clients
- Shampoo, condition and treat the hair and scalp
- Create basic outlines and detailing in hair
- Cut men's hair using basic techniques
- Cut facial hair to shape using basic techniques
- Dry and finish men's hair

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

No prerequisite required, however, a level 1 introductory qualification in barbering or hair and beauty may have been completed





LEVEL 4

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE SERVICES

Level 4 qualification in hairdressing

SERVICES

- Advanced techniques and/or management practice in hairdressing

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ Level 3 qualification in hairdressing*

LEVEL 3

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE SERVICES

NVQ Level 3 qualification in hairdressing*
Additional services/skills may be included in the apprenticeship standard

MODALITY/TREATMENTS

- Provide client consultation services
- Creatively style and dress hair
- Creatively cut hair using a combination of techniques
- Advanced colour conversion (creatively colour and lighten hair)

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ Level 2 in hairdressing*

NB Hair colour - an allergy alert test must be completed on the client at least 48 hours before application as detailed in the NHBF protocols and manufacturer's instructions

LEVEL 2

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE SERVICES

NVQ Level 2 qualification in hairdressing*
Additional services/skills may be included in the apprenticeship standard

SERVICES

- Advise and consult with clients
- Shampoo, condition and treat the hair and scalp
- Style and finish hair
- Set and dress hair
- Cut hair using basic techniques
- Colour conversion (colour and lighten hair)

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

No prerequisite required, however, a level 1 introductory qualification in hairdressing or hair and beauty may have been completed





* QUALIFICATIONS

It is highly recommended that a hair, beauty and aesthetic practitioner completes a diploma sized (37 or more credits) qualification where available in order to have received a sufficient amount of training to demonstrate the skills and knowledge to achieve occupational competence.

Apprenticeship certificates from an end point assessment organisations (EPAO) and T Levels accredited by a UK regulatory organisations are classed as an equivalent qualification.

Qualifications currently under development or not widely available

- Where an NVQ is specified, acceptable alternative qualifications must be an equivalent, and competency-based eg SVQ or an apprenticeship.
- Where an NVQ is not specified, other nationally recognised qualifications/training by an accredited and regulated awarding organisation are acceptable.
- Where a level 3 NVQ beauty therapy qualification has been undertaken a general route or massage option must have been completed to ensure underpinning anatomy and physiology knowledge. If a make-up route has been completed further underpinning knowledge must be undertaken as detailed in Level 3 bridging qualification**.

The regulatory organisations within the UK are:

- Office of Qualifications and Examinations Regulation (Ofqual).
- The Scottish Qualifications Authority (SQA).
- Qualifications Wales.
- Council for the Curriculum, Examinations and Assessment (CCEA).
- The European Qualifications Framework (EQF).
- United Kingdom Accreditation Service (UKAS).

National Occupational Standards (NOS) which outline the knowledge and skills required are available for:

- African Type Hair Hairdressing / African Type Hair Barbering
- Barbering
- Beauty Aesthetics / Beauty Advanced practices
- Beauty Therapy
- Hairdressing
- Non-surgical cosmetic procedures

The NOS can be found via the search function on the [UK Standards website](#).

Apprenticeship standards which outline the knowledge and skills required are also available in hair, beauty and aesthetics



****LEVEL 3 BRIDGING QUALIFICATION**

These are specific qualifications developed by awarding organisations to ensure practitioners have sufficient underpinning beauty therapy knowledge and understanding, particularly anatomy and physiology, before progressing to advanced beauty therapy practices and aesthetics.

Further information can be found by searching the [Ofqual register of regulated qualifications](#).

The information in this document is subject to change as modalities, treatments and qualifications are further developed and defined.

*****MEDICAL OVERSIGHT**

Medical oversight must be provided for all prescription-only Medicines (POMs).

Medical oversight is the term used to describe the relationship between a non-medically trained beauty aesthetic professional and medical professional providing the prescription (the prescriber). This must be a nurse, doctor, pharmacist or dentist who is registered with a Professional Statutory Regulatory Body (PSRB)¹ who has the knowledge of dealing with adverse effects that could be caused by aesthetic treatments.

For most non-surgical aesthetics treatments medical oversight is available:

- 'medic on site' at the premises where aesthetic treatments are carried out;
- on call; or
- remote medical oversight.

The NHBFB believes that for non-surgical treatments using prescription-only medicines remote medical oversight is not sufficient. Where possible 'medic on-site' medical oversight should be available at the premises where aesthetic treatments are carried out. Where this is not possible, an arrangement must have been agreed for 'medic on-call' medical oversight.

A client must always have the first and initial face-to-face consultation (within the location) with the person providing the medical oversight (the prescriber) prior to any treatment. Having prescribed the treatment, the prescriber may then delegate the administration to an aesthetic practitioner. The person providing medical oversight is accountable for the safe use and storage of medicines prescribed. An additional face-to-face consultation must be completed if the treatment changes.

The oversight provided (medic on site, medic on call, remote medic) should be prominently displayed in the salon.

Furthermore, a thorough consultation, a personalised medical questionnaire and if applicable Patient Specific Directions (PSD) ([find out more about PSD](#)) and a treatment plan or contract must be completed and recorded, including any contraindications or contra-actions. It is recommended that the person providing medical oversight and aesthetic practitioner regularly reviews the client treatment plan.

Advertising should conform to the Advertising Standards Authority guidelines, including the level of medical oversight provided and what this entails.

¹The Professional Statutory Regulatory Bodies regulate healthcare professionals (e.g. General Medical Council, General Dental Council, Nursing and Midwifery Council, Health and Care Professional Council, General Pharmaceutical Council etc).

If you have
any feedback,
comments or
suggestions about
this fact sheet
please email
us

Age requirements

TREATMENT/SERVICE	MINIMUM AGE OF CLIENT	MINIMUM AGE OF THERAPIST
Botulinum toxins or similar anti-wrinkle treatments	18	18 - but note qualifications required
Dermal fillers	18	18 - but note qualifications required
UV tanning	18	18
Intimate waxing	18	18
IPL (intense pulsed light) treatments	18	18
Hair colour (tints) treatments and services: head, body including eyebrow/eyelash	16	16
Micro-pigmentation	18	18
Microblading	18	18
Piercing earlobes, nose, navel, lip, tongue or the top of the cartilaginous portion of the ear	16	16

CARRYING OUT ANY BEAUTY TREATMENT ON UNDER-16s IS NOT RECOMMENDED.

Some treatments are permitted for under-16s, but you must ensure you have written permission from a parent or legal guardian before going ahead. A parent or responsible adult (eg carer) must be present during the treatment.

The permitted treatments are:

- Earlobe piercing.
- Waxing (not intimate waxing).
- Facials.
- Manicures.
- Pedicures.

Hair and Beauty practitioners must protect and promote the welfare of under-16s and vulnerable adults. You must ensure treatments are safe and appropriate and that the individual wants to have the treatment and/or services. You should always follow the manufacturer's instructions, protocols and guidelines.

RESTRICTIONS ON PRE-16 LEARNING WITHIN HAIR AND BEAUTY QUALIFICATIONS

In line with the EU Directive and to offer the safest training environment for pre-16 learners, the following restrictions for each of the industries have been agreed. All awarding organisations have built in and advise these restrictions within their qualifications that are aimed at pre-16 learners

INDUSTRY	RESTRICTIONS
Hairdressing/ barbering/African-type hair	<ul style="list-style-type: none"> • Cutting hair with implements such as scissors, clippers and attachments • Shaving skin with implements such as blades and razors • Using chemicals such as quasi, permanent hair colouring, permanent waving, bleach, lighteners, relaxing and chemical straightening • Completing skin tests
Nail services	<ul style="list-style-type: none"> • Sharp implements such as knives, blades and nail cutters • Nail enhancements such as acrylics, powders, acetone, glues and resins
Beauty therapy and spa therapy	<ul style="list-style-type: none"> • Aromatherapy oils • Chemicals such as eyelash tint, eyelash perm lotion and individual lash adhesives • Instruments such as eyelash curlers, automatic tweezers, microlances and ear piercing equipment • Epilation - laser, needles • Depilatories such as waxing, bleaching and cream • Completing skin tests • Thermal auricular candles • Facial and body electrotherapy equipment • Water purification chemicals

FURTHER DEFINITIONS SURROUNDING RESTRICTIONS

Client contact

Learners are restricted regarding 'touching' certain areas of the body. Suitable areas include:

- Head, neck and shoulders to the clavicle and scapula
- Lower arms and hands
- Lower legs and feet

Training and assessments may be carried out on live models and/or artificial body parts designed for professional use as specified by the awarding organisation for the particular treatment being undertaken.



**THE
NHBF
IS HERE
FOR YOU:**

As a Member you'll always have someone to turn to for help, information and advice. This includes free practical support and guidance for managing people and running your business, crucial 24/7 legal lifeline, free chair, space and room renting agreements, valuable discounts on business essentials including insurance and free 24/7 commercial law support.

Find out more: www.nhbf.co.uk

NHBF

One Abbey Court
Fraser Road
Priority Business Park
Bedford, MK44 3WH
t: 01234 831965
e: enquiries@nhbf.co.uk
w: www.nhbf.co.uk

